

### **When To Call Your Provider — 3rd Trimester**

Be sure to call your provider if you experience any of the following prior to your delivery:

- Four or more painful cramping contractions within an hour, after resting and emptying your bladder
- Bright red vaginal bleeding or a gush of fluid from your vagina
- Persistent headaches that are not relieved by medication approved by your provider
- Nausea, vomiting or diarrhea
- Rapid swelling of hands and face
- Constant right-upper belly pain (not related to baby movement)
- Fever at or over 100.4° F, or 38° C
- Loss of vision, or sudden changes in vision
- If you think your water may have broken, or if the baby is not moving as much as you expect
- Sudden weight gain
- Burning, increased frequency, or an increased sense of urgency to urinate
- A significant decrease in the amount of urine you're producing
- Producing dark colored urine, or
- Producing no urine at all

Feel free to contact your healthcare team if you have a question at any time during your pregnancy.